DISABILITIES— TWO CAUSES ARE 100% PREVENTABLE

FETAL ALCOHOL SPECTRUM DISORDERS
One of the effects of drinking alcohol during pregnancy can be Fetal Alcohol Spectrum Disorders (FASD).
FASD, a lifelong condition that causes physical and intellectual disabilities, is characterized by growth deficiencies and central nervous system (CNS) problems.

NO AMOUNT OF ALCOHOL IS SAFE DURING PREGNANCY; NOR IS THERE A SAFE TIME TO DRINK DURING PREGNANCY

SHAKEN BABY SYNDROME
Shaken Baby Syndrome occurs when adults, frustrated and angry, shake a child.
A baby’s neck is too weak to support their head. When shaken, their head flops back and forth, causing serious brain injury. A baby’s brain and the blood vessels connecting the skull to the brain are fragile and immature.

IT IS NEVER OK TO SHAKE A BABY. PUT THE BABY DOWN IN A SAFE PLACE AND WALK AWAY UNTIL YOU COOL DOWN

TO LEARN MORE ABOUT HOW PARENT TO PARENT HELPS FAMILIES OF INDIVIDUALS WITH DISABILITIES CALL 800-305-8817 OR VISIT OUR WEBSITE www.parenttoparentnys.org