New York State of Health Marketplace News

New York State of Health is the official health plan marketplace of NY where individuals, small businesses, and families can purchase health insurance and dental insurance. Open Enrollment for 2020 Qualified Plans will begin on November 1, 2019 and will run through January 31, 2020. Please note that this is twice as long as the Federal health insurance marketplace. Since NYS operates its own market, it has, once again, exercised the option to stay open until the end of January. In order for coverage to be effective January 1st, enrollment or changes to plans must be completed by December 15th.

Enrollment in the Essential Plan, Medicaid and Child Health Plus is open all year.

NY State of Health Insurance Options for 2020

To find which plans are offered in your area, click on this map.

Important dates to note:
- November 1, 2019: market opens for new consumers (NEW this year!)
- November 16, 2019: market opens for returning consumers (NEW this year!)
- December 15, 2019: Last day to enroll in or change plans for coverage to start January 1, 2019
- January 1, 2020: 2020 coverage starts for those who enroll or change plans by December 15, 2019
- January 31, 2020: Last day to enroll in or change a 2020 health plan. After this date, you can enroll or change plans only if you qualify for a Special Enrollment Period.
For more information about NY State of Health

Visit: https://nystateofhealth.ny.gov/ (website is available in English or Spanish) or call Customer Service at 1-855-355-5777, TTY: 1-800-662-1220 to find an enrollment specialist. Customer Service information in languages other than English can be found at https://nystateofhealth.ny.gov/language_support.html. You can also find community-based In-Person Assistors (IPAs)/Navigators that provide in-person enrollment assistance to individuals, families, small businesses and their employees who would like help applying for health insurance through the Marketplace. Assistance is culturally competent, linguistically appropriate, and disability accessible. Assistors are available at convenient times, including evenings and weekends, at no cost to enrollees. This IPA/Navigator Site Locations downloadable .pdf is sorted by county. Please call the agency for the dates and times when enrollment assistance is available https://info.nystateofhealth.ny.gov/sites/default/files/November%202019%20IPA-Navigator%20Site%20Directory.pdf You may also find in-person assistor/navigators by using this online directory https://nystateofhealth.ny.gov/agent/hx_brokerSearch

Navigating Changing Systems

No-Cost Person Centered Comprehensive System Transformation

Statewide Training

The New York State Department of Health (DOH) is offering Person-Centered Planning Comprehensive System Transformation statewide training throughout New York until the end of 2020. These sessions are offered at no-cost to anyone providing, using, and overseeing home and community based services. They provide participants the opportunity to learn along-side people from different sectors of the service system. Please click on the individual training to see who the intended audience is. More trainings will be listed as they become available, so keep checking back. https://www.cvent.com/c/calendar/a80427e7-4d30-4cfe-864b-a4080b07e48e

Addressing Home Health Care Issues for Children with Medical Complexity

With medical and surgical advances of recent decades, a growing proportion of children are relying on home-based care for daily health monitoring and care tasks. However, a lack of home health care providers with pediatric training to serve children and youth with medical complexity often limits the care that these patients receive. This paper examines this issue by focusing on workforce gaps, payment models, and policy changes unique to home health care for pediatric patients. The authors also outline potential solutions. https://www.healthaffairs.org/doi/full/10.1377/hlthaff.2018.05531

There was also a webinar hosted by one of the authors that examined this issue with panelists very familiar with the challenges of providing home health care. To view the webinar and slides click here.
6 Holiday Tips When Your Child has Food Sensitivities

For many families, holidays are a time of endless eating. That can be tough for kids who are sensitive to the tastes, smells, and textures of foods. Here is an article that gives you tips on how to handle this challenge during holiday dinners. [https://www.understood.org/en/family/events-outings/holidays-celebrations/6-tips-to-help-your-child-with-food-sensitivities-enjoy-the-holidays](https://www.understood.org/en/family/events-outings/holidays-celebrations/6-tips-to-help-your-child-with-food-sensitivities-enjoy-the-holidays)

How to Talk with Family about Your Child's Disability

This blog post offers great tips for discussing your child’s disability with family and friends in order to avoid conflict and hurt feelings during your holiday gatherings. [https://themighty.com/2017/12/talking-to-family-child-disability/](https://themighty.com/2017/12/talking-to-family-child-disability/)

*If you would like to speak with someone regarding your child with special health care needs, we would be happy to hear from you. Please contact Lin Perry at (607) 240-4573 or email lperry@ptopnys.org.*

- ✔ Visit our website at [www.ptopnys.org](http://www.ptopnys.org)
- ✔ [facebook.com/ParenttoParentNYS](http://facebook.com/ParenttoParentNYS)
- ✔ [twitter.com/PtoPofNYS](http://twitter.com/PtoPofNYS)