



*New York's Family to Family*

*Health Care Information and Education Center*

***Fostering Family Leadership and Family Professional Partnerships***

*NYS Affiliate Organization of Family Voices*

***Links Digest- Volume 148***

***November 2018***

As part of the Family to Family Health Care Information Center, Parent to Parent of NYS has established the Links Digest to provide links relevant to the issues of health care. Below is the most recent listing of website links which we have found valuable and hope they will be for others.

NY State of Health is the official health plan marketplace of NYS where individuals, small businesses and families can purchase health insurance. Open Enrollment for 2019 Qualified Health Plans will begin on November 1, 2018 and will run through January 31, 2019. **In order for coverage to be effective January 1st, enrollment must be completed by December 15th.**

Enrollment in the Essential Plan, Medicaid and Child Health Plus is open all year.

***NY State of Health Insurance Options for 2019***

[https://www.health.ny.gov/press/releases/2018/2018\\_10\\_11\\_ny\\_state\\_health\\_2018\\_health\\_ins\\_options](https://www.health.ny.gov/press/releases/2018/2018_10_11_ny_state_health_2018_health_ins_options)

***Important dates to note:***

-December 15, 2018: Last day to enroll in or change plans for coverage to start January 1, 2019

-January 1, 2019: 2019 coverage starts for those who enroll or change plans by December 15, 2018

-January 31, 2019: Last day to enroll in or change a 2019 health plan. After this date, you can enroll or change plans only if you qualify for a Special Enrollment Period.

***For more information about NY State of Health,***

Visit: <https://nystateofhealth.ny.gov/> (website is available in English or Spanish) or call Customer Service at [1-855-355-5777](tel:1-855-355-5777), TTY: [1-800-662-1220](tel:1-800-662-1220) to find an enrollment specialist. Customer Service information in languages other than English can be found at [https://nystateofhealth.ny.gov/language\\_support.html](https://nystateofhealth.ny.gov/language_support.html).

You can also find community-based In-Person Assistors (IPAs)/Navigators that provide in-person enrollment assistance to individuals, families, small businesses and their employees who would like help applying for health insurance through the Marketplace. Assistance is culturally competent, linguistically appropriate, and disability accessible. Assistors are available at convenient times, including evenings and weekends, at no cost to enrollees.

This IPA/Navigator Site Locations downloadable .pdf is sorted by county. Please call the agency for the dates and times when enrollment assistance is available <https://info.nystateofhealth.ny.gov/sites/default/files/October%202018%20IPA-Navigator%20Site%20Directory.pdf>

You may also find in-person assistor/navigators by using this on-line directory [https://nystateofhealth.ny.gov/agent/hx\\_brokerSearch](https://nystateofhealth.ny.gov/agent/hx_brokerSearch)

### ***What is a Life Plan? What is a Health home?***

Under OPWDD (Office for People with Developmental Disabilities) Care Coordination, the Individual Service Plan (ISP) has been replaced by a *Life Plan* which is a “plan of care” that will address all service needs of the individual which will change over time as the individual’s needs change.

<https://www.guideandconnect.org/lifeplans>.

This is a new “whole person” approach incorporates the Health Home model in which all aspects of care, including aspects of health care not previously managed in an ISP become part of the Life Plan to ensure that the individuals have more options, greater flexibility and better outcomes.

<https://www.guideandconnect.org/copy-of-who-coordinates-opwdd-servi>

- If you would like to speak with someone regarding your child with special health care needs, we would be happy to hear from you:
  - Lin Perry, Program Manager (607) 240-4573
  - Valeria Jimenez, Bilingual Coordinator, (518)381-4350

✓ Visit our website at [www.ptopnys.org](http://www.ptopnys.org)

✓  [www.facebook.com/ParenttoParentNYS](https://www.facebook.com/ParenttoParentNYS)