Guidance on Medical Appointments

COVID-19 has changed the field of medicine in many ways and will continue to evolve as we navigate this public health crisis. Here is some guidance on how to proceed with medical appointments for children and youth with special health care needs (CYSHCN).

COVID-19 Information for Families of Children and Youth with Special Health Care Needs (CYSHCN)

This article is written exclusively for parents of CYSHCN and provides guidance on the unique care needs of this population.


“Is it OK to see my pediatrician during COVID-19”

Unsure if your child should see the pediatrician during this public health crisis? Here is a good guidance from a mom and pediatrician about how to handle well and sick visits during this time.


“Is it safe to see the pediatrician for vaccines and medical visits?”
Vaccinations are another area of concern for both parents and physicians. With obvious health concerns for CYSHCN contracting COVID-19, many parents are delaying well visits and vaccinations. This article provides some things to consider and discuss with your child’s medical providers.
https://www.health.harvard.edu/blog/when-to-see-the-pediatrician-deciding-about-vaccines-and-medical-visits-right-now-2020033119384

**CDC Guidance Changes for Vaccinations**
Due to personal, practice, or community circumstances related to COVID-19, many providers are not able to offer or have limited offerings for well-child visits - quite often based on age and circumstance. Because of this, the Centers for Disease Control (CDC) has issued updated guidance on vaccinations to help patients who have missed a scheduled well visit/vaccination.
https://www.cdc.gov/vaccines/schedules/hcp/schedule-changes.html


“10 fun Outdoor Activities for Kids who Need Different Accommodations”
https://coachart.org/blog/10-fun-outdoor-activities-for-kids-who-need-different-accommodations/

“Six Outdoor Play Activities for Kids of All Abilities”
https://unlimitedplay.org/outdoor-play-activities-for-kids-with-disabilities/

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