Private Fitness & Health Education Coach
Maximizing your potential to achieve your personal health, wellness & fitness goals

Elia DeBlasio M.S.
a NYS Certified Physical Education & Health Professional providing:

- Private Lessons to individuals of all skill levels and abilities
- Specializing in Autism Spectrum Disorders/Special Needs Clientele
  - Training in your community location of choice
  - Fun, challenging and personalized lessons
  - Individualized sport or fitness plan
- Assistance with improving Sport/Recreation and Fitness Skills
  - $55 per hour

For scheduling & availability
Email: Edeblasio7@aol.com
Phone: Call 631.681.1199