NY State of Health Marketplace Info

NY State of Health is the official health plan marketplace of New York State where individuals, small businesses, and families can purchase health and/or dental insurance. Open Enrollment for 2020 qualified plans will run through January 31, 2020. In order for coverage to be effective January 1st, enrollment or changes to plans must be completed by December 15th. Enrollment in the Essential Plan, Medicaid and Child Health Plus is open all year.

Marketplace Insurance Options for 2020.
To find which qualified plans are offered in your area, click on this map. https://info.nystateofhealth.ny.gov/2020plansmap

Important upcoming deadlines:
- December 15, 2019: Last day to enroll in or change plans for coverage to start January 1, 2019
- January 1, 2020: 2020 coverage starts for those who enroll or change plans by December 15, 2019
- January 31, 2020: Last day to enroll in or change a 2020 health plan. After this date, you can enroll or change plans only if you qualify for a Special Enrollment Period.

For more information about NY State of Health,
Visit: https://nystateofhealth.ny.gov/ (website is available in English or Spanish) or call Customer Service at 1-855-355-5777, TTY: 1-800-662-1220 to find an enrollment specialist. Customer Service information in languages other than English can be found at https://nystateofhealth.ny.gov/language_support.html.
Caring for Children with Special Health Care Needs

National Standards of Care for Children with Special Health Care Needs (CYSHCN)

A new website has been launched to help families, providers, and organizations navigate the National Standards for Care for Children and Youth with Special Health Care Needs (CYSHCN) 2.0, which is a comprehensive set of systems standards of patient care. There is a video which gives a brief description of how the standards were developed and how to use the navigator tool. You can access the navigator tool itself by clicking on “Get Started”.

https://cyshcnstandards.amchp.org/app-national-standards/#/

Communicating with Patients who have Developmental Disabilities

Patients with developmental disabilities face significant barriers to accessing healthcare when communication between nurse and patient is not done in a manner that provides each party with accurate and meaningful information. This article from Minority Nurse provides great insight from a nurse on how to communicate with patients with developmental disabilities. Parents can also gain insight on how to prepare their children for these types of interactions.

https://minoritynurse.com/communicating-with-patients-who-have-developmental-disabilities/

The holidays are a wonderful time of year for many, but all the hubbub and changes to your child’s routine can leave you both feeling overwhelmed. Here are a couple articles that give advice to help your family have a fun holiday season.

Sensory Smart Holiday Tips-  https://www.sensorysmarts.com/holidays.html

Holidays with kids with ADHD- Ensuring Family Fun-  https://www.additudemag.com/avoiding-holiday-havoc/

Special Needs Travel-  https://www.familyvacationcritic.com/special-needs-travel/art/
If you would like to speak with someone regarding your child with special health care needs, we would be happy to hear from you. Please contact Lin Perry at (607) 240-4573 or email lperry@ptopnys.org.

- Visit our website www.ptopnys.org
- https://www.facebook.com/ParentToParentNYS/
- @PtopofNYS