



*New York's Family to Family
Health Care Information and Education Center*

Fostering Family Leadership and Family Professional Partnerships

NYS Affiliate Organization of Family Voices

***Links Digest- Volume 149
December 2018***

As part of the Family to Family Health Care Information Center, Parent to Parent of NYS has established the Links Digest to provide links relevant to the issues of health care. Below is the most recent listing of website links which we have found valuable and hope they will be for others.

Three things to now about picking a health insurance plan

Selecting a health insurance plan can be confusing given the many options that are available. This link explains three key components of choosing a plan that will meet your health needs: tiered categories (often called the “metal categories”), estimating the total cost of health care, and the different types of insurance plans available to consumers.

<https://www.healthcare.gov/blog/tips-comparing-health-insurance-plans/>

It is important to remember that New York State has its own market place for selecting plans. Information on those plans and dates specific to them are listed below.

NY State of Health Insurance Options for 2019

https://www.health.ny.gov/press/releases/2018/2018_10_11_ny_state_health_2018_health_ins_options

Important dates to note:

-December 15, 2018: Last day to enroll in or change plans for coverage to start January 1, 2019

-January 1, 2019: 2019 coverage starts for those who enroll or change plans by December 15, 2018

-January 31, 2019: Last day to enroll in or change a 2019 health plan. After this date, you can enroll or change plans only if you qualify for a Special Enrollment Period.

For more information about NY State of Health,

Visit: <https://nystateofhealth.ny.gov/> (website is available in English or Spanish) or call Customer Service at [1-855-355-5777](tel:1-855-355-5777), TTY: [1-800-662-1220](tel:1-800-662-1220) to find an enrollment specialist. Customer Service information in languages other than English can be found at https://nystateofhealth.ny.gov/language_support.html.

What is a DDP-2 and how does it affect OPWDD services for the individual?

The Developmental Disabilities Profile- 2 (DDP-2) is an assessment tool used to describe, plan and manage an individual's needs outlined in the OPWDD Life Plan. Results of the DDP-2 directly affect the type and amount of services that an individual receives. It is important that DDP-2s be updated at least every two years, or sooner if the person's needs change, so that the Life Plan accurately reflects the person's need for services. This link also provides a tip sheet that can be printed and used as a reference guide.

<https://www.guideandconnect.org/assessmentsddp2>

Another resource to help explain the DDP-2 is *Developmental Disabilities Profile (DDP-2) Users' Guide* from OPWDD. This document has not been updated since the switch from Medicaid Service Coordination (MSC) to Care Coordination but it does give step by step instructions for completing the DDP-2 and lists the different categories used in determining an individual's need for services.

https://opwdd.ny.gov/sites/default/files/documents/DDP2_User_Guide_0.pdf

- If you would like to speak with someone regarding your child with special health care needs, we would be happy to hear from you:
 - Lin Perry, Program Manager (607) 240-4573
 - Valeria Jimenez, Bilingual Coordinator, (518)381-4350

✓ Visit our website at www.ptopnys.org

✓  www.facebook.com/ParenttoParentNYS